

LEAN IN Malaysia



Hi there Lean In Community,

2018 marks Lean In Malaysia's fourth year and what an impactful year it has been! We have grown to a big family of nearly 50 volunteers, reached to 3 new states, held 2 powerful career accelerators and took several other successful initiatives aligned with our vision to educate, enable and empower women in Malaysia.

In the spirit of review and reflection, we look back at the year to assess the impact of our efforts in 2018.

Making the Mix Matter

Continuing the theme of last year's unConference, 'Making the Mix Matter', in 2018 we zoomed in on greater involvement of both genders. Walking the talk, an internal KPI was set to have more male members on the team. We are proud to have reached nearly 30% leadership target. Male allies who have continued to support us have also grown in numbers during the year. We are proud to share that our signature programmes and panel discussions have had 20 -30% male mentors, trainers and speakers.

Our efforts were recognised by Lean In as the finalist of the 'Great Voices' award at the Global Conference at San Francisco.

Winning the award for Best Non-Profit Organisation from TalentCorp's Life at Work Awards 2018 was another big highlight of the year. We are humbled and encouraged by the recognition and proud of the team of volunteers behind Lean In Malaysia.

Lean In Circles

Our community team has been working actively to incubate Lean In circles, an ecosystem of support for women in Malaysia. 2018 has been a year of expansion as we reached 3 new states - Johor, Kedah and Sarawak. We are also excited to have Lazada and SP Setia join our movement through the new corporate circles formed this year.

This year we put in more effort to connect and highlight Lean In circles under our flag. In September our first founders social brought together founders of all state and corporate circles to connect and share experiences. Continuing the support, 5 founders joined us at

the Lean In Unconference to share with us the impact that they have made to their community and what inspired them to get it all started.

Lean In Youth

In March we piloted the Lean In Youth (LIY) programme, a 5 weeks youth accelerator for public university students. 20 bright students, 20 amazing mentors and several talented trainers joined the programme and made it a huge success with their commitment. The aim of the programme was to make the students workforce ready and discuss gender diversity with these future leaders. 6 weeks post programme, 5 students secured internship placements with the companies of their choice.

We are proud of the LIY graduates who have gone out to continue the empowerment circle. Some LIY graduates formed the Lean In Youth Pioneers circle and formed 2 student clubs at their universities. They also held a LIY style Masterclass for their peers focusing on workforce readiness. Stayed tuned for more impactful initiatives under LIY in 2019.

Lean In Masterclasses

One of our key objective is to push for more women in leadership roles. Lean In Malaysia's Masterclasses are aimed at upskilling female workforce and prepare them for their leadership journeys. We partner with leading organisations and trainers to design interactive sessions open to the public. This year we held two Masterclasses in partnership with Lead Women and Game Change Coaching on Blue Ocean Strategy and Conversational Intelligence.

[See a glimpse of the Masterclasses here.](#)

Lean In Career Programme

23 ambitious women joined the third installment of Lean In Career Programme (LICP), our signature career accelerator for female professionals. This year's Leadership Edition included 9 weeks of mentoring, 4 masterclasses and 3 networking sessions. As the programme was designed to focus on creating impact through goal-setting, LICP culminated with a Finale where the participants shared stories of achievements and transformations over the past 9 weeks. These included promotions at work, new job acceptances, community initiatives kick-started and enhanced, a Lean In circle formed, personal confidence boosted, and so much more. We couldn't be more proud of each individual who embraced this opportunity to broaden their minds to new experiences, deepen their skillsets, and dare to dream bigger than ever before!

Lean In Unconference

We wrapped the year on a high note with our annual flagship event, Lean In Unconference which was held last week. We are so grateful for all the support that everyone has given us and hope that these types of discussions will continue beyond the Unconference and in our daily lives. Let us all embrace diversity and inclusiveness wherever we are and lean in together in light of Malaysia Baharu!

Links to the Facebook live videos in the next section.

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As we wrap up the year, we've welcomed many new faces to our Lean In family; we've engaged in more meaningful and thought-provoking conversations on the way forward for a more inclusive and diverse Malaysia; and perhaps more importantly, we've witnessed more men leaning in to support conversations on women empowerment.

A big shout out to our dedicated team of volunteers who keep the flag high all year round despite other personal and professional commitments. Finally, thanks to all our partners and supporters for continued support and participation throughout the year.

Merry Xmas and a very Happy New Year!
We look forward to a more exciting and impactful 2019.

With Love,



Ashley & Aysha
Presidents of Lean In Malaysia
Asia Women Circle @ Lean In Org

Interested in ***sponsoring/partnering with Lean In Malaysia***

through your company? Contact our team at
partnerships@leaninmalaysia.com.

RECAP: Lean In UnConference 2018



On 15 December, 150 people attended our annual summit - Lean In UnConference - at Lanai Kijang. Thank you all who spent your Saturday morning with us!

This year's 2018's theme revolves around "What's Next? Leveling Up The Conversation" where we discuss along the lines of achieving diversity and inclusion. His Excellency Andrew Goleszinowski from Australian High Commission - who is also our Champion Sponsor for the summit - welcomed the audience with his remarks. "Why do we need to support diversity & gender equality?" he asked. It is simply because it's the right thing to do and it's the smart thing to do. Our opening keynote was Prof. Datuk Roziah bt Omar who is the Chief Executive of President College who shared her life story with us towards self empowerment - "I believe in the concept of leaning in and leaning out".

Our panel session of the day was "What's Next, #MalaysiaBaharu". It was a thoughtful and interactive discussion. At the end of the panel session, each panelists gave one call to action to wrap up -

1. Ng Yeen Seen - Founder & CEO, Centre for Research, Advisory & Technology - *"Be the change you want to see"*
2. Datuk Seri Johan Raslan - Board Member, The Institute of Corporate Directors Malaysia - *"Congratulate the Thai Islamic Council on banning child marriage"*
3. Sumitra Visvanathan - Executive Director, Women's Aid Organisation - *"Respect"*
4. Zaidel Baharuddin - Director, Centre of Gov. & Political Studies and Member of UMNO - *"Register to vote & talk to your MP"*

Thank you to Afifah, our Head of Content of Lean In Malaysia, who also moderated the panel well. She also added her point on top - *"To engage with ppl who disagree with me"*.

Our fireside chat session also went well with everyone enjoying their time interacting with 3 different fireside chat speakers - each round for 20 minutes. In that short time, the participants get to dig in depth and have an open conversation with industry leaders and experts, and get advice to how they get motivated and inspired by their work.

The event ended with a closing remark by Dr Amani Salim, who is the First Malaysian to launch a NASA satellite to space & she is a Thora Halstead "Young Investigator" 2012 Award Winner. Despite having her first job as a glass slide cleaner, her bold attitude and willingness to strive succeeded in gaining recognition and had brought her all the way to building new devices for NASA. "Because it is not about who you are, where you come from or how do you look, it is about your ability to do something, that's all that matters."

Thank you again to all our participants, speakers, sponsors and volunteers. Without you, we wouldn't have made this event a success. We hope everyone had gotten the advices and courage they needed to build a more inclusive society in Malaysia.

We were LIVE Facebook videos which were recorded on the day. To those who could not make it or wanted a recap, you can find the list of videos below:

1. [Watch here](#) - Opening remarks by Ashley and Sharmila (President, and Head of Legal of Lean In Malaysia). Welcome remarks by His Excellency Andrew Golezsinowski - Australian High Commission (Champion Sponsor).
 2. [Watch here](#) - Opening keynote by Prof. Datuk Roziah bt Omar - Chief Executive of President College.
 3. [Watch here](#) - Q&A with Prof. Datuk Roziah bt Omar, and a presentation by Asia School of Business
 4. [Watch here](#) - Panel session for "What's Next, Malaysia Baharu"
 5. [Watch here](#) - Presentation by Lean In Circles Founders around Malaysia.
 6. [Watch here](#) - Presentation by Lean In Youth, & closing speaker, Dr Amani Salim.
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TalentCorp's Life at Work Awards

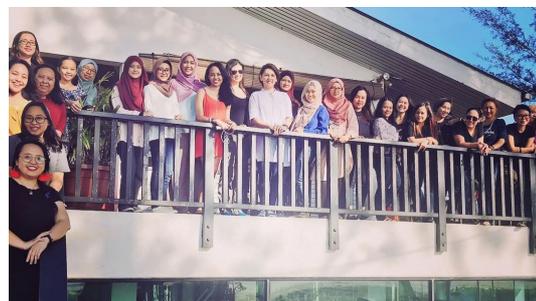


Our Head of Partnerships, Sangeeta Matu was honored to receive the Award for The Best Non-Profit Organisation Award from Talent Corporation Malaysia Berhad (TalentCorp) in November on behalf of Lean In Malaysia. Accompanying her were Raymond Phan, Malisse Tan and Jia Fong.

This award recognises the dedication and output of each person in Lean In Malaysia, each of who use technology and flexible working to contribute towards our range of events and programmes. This was a well-deserved opportunity to celebrate the impact we have made in the world around us in less than 4 years.

Thank you to Ministers YB M. Kulasegaran and YB Hannah Yeoh for honouring us with your presence, and to everyone at TalentCorp!

Other Lean In Circle Updates: Lean In Sarawak



On a gorgeous Saturday afternoon, almost a 35 people turned up for Lean In Sarawak's first formal forum called 'Women In Entrepreneurs: Influence, Innovate, and Inspire' in Miri. The talk aimed at educating, and inspiring those in Sarawak, mainly women to understand more on the nature of women as entrepreneurs; encouraging women to lead and to support each other.

We invited successful homegrown entrepreneurs from Miri who have made a lasting positive impact in their respective areas. The event is in line with Lean In Sarawak's vision, which is to build a community of proactive women and partners in Sarawak. We aim to challenge the stereotypes and encourage critical thinking.

The event was supported by, and held at, Piasau Boat Club (PBC) in Miri. For the inaugural event, four prominent women leaders and entrepreneurs were invited: Juvita Wan, founder of The Tuyang Initiative; Balkizz Sulaiman, Social Media Marketer and founder of Balkizz Product Photography; Karen Ping, founder of PingOriginals; and Ing Hui, Instructor at The Jungle Body. The talk was moderated by Lean In Sarawak's co-founder, Alexandra Nastassia John.

The four speakers shared their respective journeys in their quest to champion a cause they believed in. Juvita spoke about how social enterprises work and how the community and cultural focused business model benefits the right people for the right cause. She emphasized that we need to be proactive and make the change.

Balkizz shared her personal history from being an Oil and Gas employee to a stand-alone entrepreneur and social media marketer. Balkizz is a ball of energy; she took the challenge to venture into business and showed us that passion involves giving yourself all the time and patience needed. Her passion project is also an act of empowerment, as she mentors other women to have the right skills to make market their products through online marketing and product photography.

Karen delighted the audience on her love for peanut butter. First time speaking in public, we saw the glow in her eyes while she was sharing the details in peanut butter making. She encouraged everyone to experiment new things and never give up when faced with challenges.

Ing Hui discussed about the importance of both mental and physical health. She finds happiness in fitness training and brought participants down for an energizing mini Konga Session. She reminds us first and foremost, to love ourselves and surround ourselves with like-minded people. All four speakers really connected with the audience, which were made up of mostly young entrepreneurs.

It was a very interactive session, full of wisdom and advice, with some audience members even sharing their own inspirational personal story. When asked at the end of the forum segment if they had any final take aways for the audience, Ing Hui had this to say, "Network. Get in touch with people and find your tribe." Juvita reminded everyone that, "One needs to have a concrete plan prior to opening up a business especially a social enterprise, and we need to immerse ourselves enough to truly understand the heart of the business.", while Karen's advice are to always keep your partner in the loop. Pitch ideas to one another, create milestones together. Communication and time management is key."

Being a woman entrepreneur allows us to lead and own the decision making part. Balkizz added, "You have the power in you to shape your business and yourself," Lean In Sarawak's Founder and President, Farah Nadia Masrol, said that the large turnout was

beyond expectation, and thanked the lively attendees for spending their afternoon with the speakers. She also thanked the supporters who had worked on making the event a success, and added that Lean In Sarawak will be organizing more forums like this, as well as their monthly Circle in both Kuching and Miri.

Lean In Sarawak's first formal event was held on the 29th of July: Women in The Workplace in Kuching. It started with personal safety at the workplace by Li Na of PurpleLily Kuching and the not-so-rare sexual harassment cases. A perspective of the law was shared by Shirley, a lawyer at Detta Samen & Co. We explored life changes after marriage and children, by Gill Raja from Sarawak Women for Women. Syed Rusydie, co-founder of youth group HAUS, an ally in motivating women to go beyond their capabilities. Participants Khairool helped us note that a genderless world is near; and Syed Rusydie's inspirational mum Dr. Noraini, inspires us as Malaysia's top orthodontist.

About Lean In Sarawak

Our goal is to educate, enable, and empower them to harness and develop their skill sets and pursue each individual's life paths. To date, we have carried out social impact Circles and Forums in Kuching and Miri.

Regards,

Farah (Nadia) & Alex
Lean In Sarawak

Learn more about Lean In Sarawak:

Twitter: @leaninsarawak

Facebook: Lean In Sarawak

Instagram: @leaninsarawak

Email: <mailto:leaninsarawak@gmail.com>

Register at Lean In Sarawak Circle: <https://leanin.org/circles/lean-in-sarawak>

Other Lean In Circles Update: Lean In Penang



The Penang Model United Nations Conference 2018 at Inti International College was an unique experience. All the delegates who came together were ambitious and passionate about creating policy that can combat world issues.

As a strategic partner it was great and a relief - to see the equal representation of female and male students. We were delighted to support and empower this important international

conference.

On Friday our co-founder Anneloes Leijssen delivered an opening speech to the delegates of the #UNwomen council: How to Achieve Gender Equality? Many questions were asked, ideas were discussed and new insights shared. At the closing ceremony co-founder Rachael Day delivered a keynote speech: Staying Calm in the Mids of Chaos - the theme of this year's conference.

It was such an inspiring, energizing experience. We are proud to partner with PenangMUN. We are definitely looking forward to work together again in the future. Lean in, future world leaders!

Message from Sponsors: ASB

The Ladies Lunch is an annual by-invitation-only ASB event especially curated for professional females who are passionate about taking their career to the next level.



If you are:

- curious about ASB's student body population ratio of 45% female, 70% international
- wondering if now is the right time to pursue an MBA
- still deciding if an MBA is right for you
- want to know about what an ASB MBA can do for you
- wish to network with other like-minded professional females, including ASB female students, alumnae and staff

... then this event is for you!

Please fill out the form on this page <https://apply.asb.edu.my/register/ladieslunch2019> in order to apply to attend this exclusive event.

There is no payment required to attend.

* Location to be sent upon successful application.

Message from Sponsors: 7-11

Slurpee Combo



Promotion Period: Monthly

Feeling the heat? Head to the nearest 7-Eleven outlet to enjoy fantastic Slurpee combo deals. To find out what awesome pairings we have in store for you, check out our Facebook page!

Ohsem 7



Promotion Period: Weekly

Ohsem 7 is here with daily amazing promotions that will definitely overwhelm you with joy. Everyday, a different item will be featured for promotion. From your favourite snacks to much sought-after beauty products, stay tuned to catch these daily deals!

Promozi Panaz



Promotion Period: 7th & 11th of every month

Happening on the 7-Eleven's auspicious days of the month (for obvious reasons), this fiery hot deal is too good to be missed. On the 7th and 11th of every month, visit our store to find out the hottest deals available!

Furthermore, with the 'Let's Pin with Style' contest, 2 super cuddly XL-sized Po plush toys are up for grabs! Participants simply need to post a photo of them using the pins in the most creative manner on Facebook or Instagram with the hashtags #AllStarsPins #DreamWorks and #7ElevenMY.

For more info about DreamWorks All Stars Pins™, visit www.7eleven.com.my or Facebook at 7ElevenMalaysia.

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